Grade 9 Career Portfolio 2018-2019

Parent Notification Form

| Name of Student |
|--|
| Enclosed in this packet are a description, the procedures, and assessment guidelines for the Caree |
| Portfolio your child must complete in order to graduate. All necessary forms are included at the |
| back of this booklet in the "Required Forms" section. |
| This is an ongoing, 3 part project beginning in grade nine and continuing until May of the junior |
| year. It is important for you and your child to carefully examine the information in this booklet s |
| that you are aware of your child's responsibilities. |
| I have read, and I understand the requirements for Part 1 of the 3 Year Career Portfolio. |
| GRADE 9 |
| ☐ Personal survey (completed in class) |
| ☐ Career interest & skills survey (completed in class) |
| ☐ 2 career questionnaires(completed in class) |
| ☐ Career change reflection journal (if applicable) (completed in class) |
| ☐ Job shadow & thank you letter (completed on your own) |
| ☐ 1 Visit to a college, trade school <u>or</u> military branch recruiter; journal for visit (completed on your own) |
| □ 10 hours of community service (completed on your own) |
| To hours of community service (completed on your own) |
| I understand my son/daughter needs to successfully complete all parts of the Career Portfolio in order to graduate. If all of the requirements for the Career Portfolio are not completed on time, I understand that my son/daughter will not receive credit for the requirement and may forfeit his/her graduation ceremony participation or ability to receive a New Brighton Diploma. I understand that it is my child's responsibility to complete all assignments given in class and any independent activities required of the Career Portfolio by the due dates assigned. |
| I have read all of the information about the Career Portfolio as outlined in this packet and have discussed the requirements of the project with my child. |
| *Please sign this page and return it to your child's counselor. |
| Student Name |
| Parent /Guardian Name |
| Parent /Guardian SignatureDate |
| Email address |
| Phone (Work or Call) |

3 Year Career Portfolio 2018-2019

New Brighton Area School District implements a 3 Year Career Portfolio broken into 3 parts as the final exit activity. The 3 Year Career Portfolio needs to be satisfactorily completed according to the standards set in order to graduate. The requirements of the project will be completed both during class as assigned activities and outside of school as independent activities. The student is responsible for completing all requirements of the project. If a student is absent on a day an activity is completed, he/she is still responsible for the assignment. Students should talk with the teacher who facilitated the activity for completion requirements. Students can also speak to their counselor if they have questions or need help.

The timeline for this project provides ample time for all parts of the project to be completed successfully. If all of the requirements for the Career Portfolio are not completed on time, students will not receive credit for the requirement and may forfeit their graduation ceremony participation or ability to receive a New Brighton High School Diploma. Students will earn .25 credit on their transcript upon successful completion of part 1 (grade 9), .25 for successful completion of part 2 (grade 10), and .5 credit for successful completion of part 3 (grade 11) for a total of 1 full credit required for graduation.

The Career Portfolio encourages a student to focus on post-secondary options and consists of 3 parts to be completed over 3 years (grades 9, 10, 11). Below are the requirements students are to complete at each grade level.

*** A Parent Notification Form must be signed and returned to your child's counselor. This form can be found on the front cover (page 1) of this packet. ***

| GRADE 9 | |
|----------|---|
| | Personal survey |
| | Career interest & skills survey |
| | 2 career questionnaires |
| | Career change reflection journal (if applicable) |
| | Job shadow & thank you letter |
| | 1 Visit to a college, trade school or military branch recruiter; journal for each |
| | 10 hours of community service |
| GRADE 10 | |
| | Career interest & skills survey |
| | 2 career questionnaires |
| | Career change reflection journal (if applicable) |
| | Reality Fair |
| | Completion of a job application (will not be submitted for employment) |
| | Job shadow & thank you letter |
| | 1 Visit to a college, trade school or military branch recruiter; journal for each |
| | 10 hours of community service |
| GRADE 11 | |
| | Personal survey |
| | Career interest & skills survey |
| | 2 career questionnaires |
| | Career change reflection journal (if applicable) |
| | Personal entrepreneurial traits reflection |
| | Job shadow & thank you letter |
| | 2 Visits to college, trade school or military branch recruiter; journal for each |
| | 10 hours of community service |
| | Resume & cover letter |
| | Interview |

WELCOME TO GRADE 9

During your freshmen year, you will participate in activities that will help you continue the process of career exploration. You will complete assignments and activities both in and out of the classroom. You are responsible for completing all requirements and asking for help if needed.

In order to be successful follow a few tips:

- Choose post-secondary visits, job shadows and community service projects that will help you with your post-secondary planning.
- Meet your deadlines.
- Seek help if needed.
- DON'T PROCRASTINATE!
- Be responsible and organized.

Below is a checklist of the activities you will complete by the end of 9th grade.

| GRADE 9 | |
|---------|--|
| | Personal survey (completed in class) |
| | Career interest & skills survey (completed in class) |
| | Career change reflection journal (completed in class if applicable) |
| | 2 career questionnaires (found on pages 9-10, completed on your own) |
| | • Use the websites below to explore careers based on the results |
| | of your career interest survey. |
| | Answer all questions on the questionnaire in a Word/Google |
| | Document. |
| TT T | |

Websites to explore for career exploration: feel free to use additional sites you may find

http://www.khake.com/page2.html (This site has a large variety of links for career exploration)
http://www.acinet.org/explore/View.aspx (The sites gives 5 simple steps for looking into career options)
http://www.quintcareers.com/teen_jobs.html (The site has good links and articles- including activities for writing resumes and understanding work ethics.)

http://www.dmoz.org/Kids_and_Teens/People_and_Society/Careers/ (This is an open directory by dmoz- it contains a large number of links to other career sites.)

<u>http://www.bls.gov/</u> (This site is for the bureau of labor statistics and provides info such as job outlook, salary and the type of education needed, etc)

- ☐ Job shadow & thank you letter (completed on your own)
 - Cannot be a member of your immediate family (parent or sibling)
 - Job shadowing requires that the student shadow the person on site for a minimum of 4 hours and must take place in one day.
 - Students are responsible for following all rules of the workplace.
 - Dress according to the guidelines of the workplace
 - Thank you letter must be mailed to job shadow facilitator
 - •Sample thank you letter is found on page 7
- □ Visit a college, trade school or military branch recruiter; a journal for each visit (completed on your own or through a visit at NBHS)
 - If you take a visit outside of school, your visit is to be a minimum of **three hours** in duration in order for the student to gain valuable information about the campus or opportunities.
 - Signature forms are required for all visits and found on pages 12-13
 - Field trips held by school personnel are acceptable and require a signature form as well

- Journal entries must be typed and consist of 1-2 paragraphs (5-7 sentences per paragraph) for each of the visits and community service that answers the 5 W's (who, what (did you do, see, like, dislike), where, when, why)
- □ 10 hours of community service (completed on your own)
 - The activity can be designed around community service or a community/school project.
 - Community service is about helping others. It is not just giving of free labor or time. You will be working with the people you are helping. (soup kitchen, teaching Sunday School, Habitat for Humanity).
 - Community projects are about helping others through an outside source or organization. (clothing drive, food drive, 5K run benefit, town clean-up) See list of projects.
 - The community service log and Mentor verification form is required and can be found on page 14.
 - What will **NOT** be accepted for community service?

This is not a comprehensive list:

- -Shoveling snow for neighbors- this is just being neighborly and you should do this anyway when it's needed
- -Helping a friend/neighbor with a personal project- this doesn't benefit the community
 - -Working at your place of employment and "not getting paid"
 ***Ask if you are unsure of your service idea

ADDITIONAL INFORMATION

- ♦ ALL work/activities that are completed on your own (not as an assignment from a teacher) MUST be turned in to your counselor for grading.
- ♦ Students may be excused <u>two days</u> from school for their Career Portfolio. An excuse must be provided to verify your absence. Signature forms may be photocopied and 1 copy turned in as an excuse to your homeroom teacher. Students will be responsible for making up any missed work.
- If any part of the Career Portfolio is not completed, students may be required to complete an alternative assignment to meet the requirement of the project.
- ♦ Failure to complete the requirements of this project will result in failing the Career Portfolio for the year and not receiving the necessary credits toward graduation. Students delinquent in credits will forfeit participation in the graduation ceremony and will hinder his/her ability to earn a New Brighton High School diploma.
- ♦ Ultimately, it is up to the discretion of the Career Portfolio Coordinators to determine if you have satisfactorily completed all the requirements of this project. The Career Portfolio Coordinators will be assigning the pass/fail grade for this credit. It is a requirement for graduation. If you have any questions or concerns, please see the Career Portfolio Coordinators.

All documents, instructions, and this guide are available on the high school's guidance webpage under the 'files' link.

Community Service Ideas

(Community service verification form can be found in the 'Required Forms' section of this packet)

- -Work with local clubs/organizations for community service projects. (Lion's, Rotary, NB Parks and Recreation, youth baseball association, etc.)
- -Recycling Program in high school or in community.
- -Coaching- Must start and finish the season & be at practices and games
- -Raise money for a charity through an event you plan
- -Butterfly Garden Elementary
- -Talk with church leaders of New Brighton churches for service projects
- -Beautify an area of the school grounds- Talk with school officials about this idea.
- -Summer Reading Program at Public Library
- -Help with the Car Cruise or the Halloween Parade
- -Organize a clean-up day for New Brighton or your community
- -Paint murals in the town or school
- -Help with an after school program
- -Help with the triathlon
- -Organize a used book sale for the public library
- -Decorate the display case on the third floor
- -Help with PTO events
- -Town Christmas Project

Places to Volunteer

Elementary/Middle school Soup Kitchens Ambassador Program Cambridge Village Brighton Wellness & Rehab Animal Friends Heritage Valley Big Brothers Big Sisters Festival of Trees Habitat for Humanity/ Habitat Restore Beaver County Humane Society PTO-Market Day Salvation Army Meals on Wheels Rochester Manor
Grove Cemetery
Providence
Chamber of Commerce
Franciscan Manor
Community Churches
Ready Yourself Youth Ranch

Letter of Appreciation

(Thank You letter to those you job shadowed)

Thanking someone for taking time from his/her busy schedule is very important. You should send a letter within two weeks after you job shadow, showing your appreciation for their time. This will be a graded Career Portfolio item. (See Rubric) Make sure you keep a copy of your letter for your portfolio. Please do not send the letter until it has been approved by a parent, teacher or the Career Portfolio Coordinator. Proof-reading is very important when sending a letter to another person.

Remember to do the following when writing your letter:

- 1. Follow the correct format. (See Example next page)
- 2. Watch your spelling and grammar.
- 3. Paragraph one should thank the person you shadowed.
- 4. Paragraph two should state something you learned or enjoyed.
- 5. Paragraph three is a short thank you again.
- 6. Remember to sign your name between "Sincerely" and your typed name.
- 7. Sign your name in black ink exactly how you typed it.
- 8. Before sending show someone the letter and see if it follows the steps above
- 9. This letter is a reflection of you. Misspelled words, incorrect format, bad grammar, no signature shows the person you are careless and you don't care.

Use proper Letter Format for Letter of Appreciation:

Your Street Address Your City, Your State Your Zip code Date you are typing Letter

Job Shadow Person's Name JSP Street Address JSP City, JSP State JSP Zip code

Dear Mr. Mrs. Ms Dr. JSP Name:

Thank you for taking time from your busy schedule to provide me the job shadowing experience on (Fill in Date).

I found the ... Paragraph two should state something you learned or enjoyed. It should be at least four sentences.

I thank you again for your generosity and patience in helping me complete my Career Portfolio.

Sincerely,

Your Name

REQUIRED FORMS

Forms in the packet can be photocopied if needed.

For example: if you are doing more than 1 job shadow or complete community service at 2 different locations, please make additional copies

All assignments completed outside of school must be submitted to your counselor for grading. This includes all journal entries and verification forms.

Please use the checklist below to be sure you have completed ALL required items for your portfolio.

- O Personal Survey
- O Career Interest Survey
- O Skills Survey
- O Career Questionnaire # 1
- O Career Questionnaire # 2
- O Letter of Appreciation (thank you letter to the person you shadowed)
- O Community Service Verification Form
- O Job Shadow Verification Form
- O Visit Verification Form
- O Community Service Journal Entry
- O Visit Journal Entry
- O Career Change Reflection Journal Entry (if applicable)

Career Research Questionnaire Hand-written answers will NOT be accepted for the final project: Questionnaires MUST BE TYPED

| 1. | Name of Occupation: (choose one base on your career survey results) |
|----|---|
| 2. | Nature of the Work: (Brief job description of this occupation) |
| 3. | Working Conditions: (Where do people work in this occupation? Are there physical demands for this job?) |
| 4. | Training and Education Requirements : (Do you need a license? College Degree? Advanced Education—describe the qualifications you will need for this occupation.) |
| 5. | Job Outlook: (What will be the demand for this occupation in the next five years? Include the date of your source) |
| 6. | Earning Potential: (How much can you expect to be paid in this occupation? Explain) |
| 7. | Related Occupations: (Describe two other occupations that are similar to this one that you could also pursue.) |
| 8. | Sources used: |

Career Research Questionnaire Hand-written answers will NOT be accepted for the final project: Questionnaires MUST BE TYPED

| 1. | Name of Occupation: (choose one base on your career survey results) |
|----|---|
| 2. | Nature of the Work: (Brief job description of this occupation) |
| 3. | Working Conditions: (Where do people work in this occupation? Are there physical demands for this job?) |
| 4. | Training and Education Requirements : (Do you need a license? College Degree? Advanced Education—describe the qualifications you will need for this occupation.) |
| 5. | Job Outlook: (What will be the demand for this occupation in the next five years? Include the date of your source) |
| 6. | Earning Potential: (How much can you expect to be paid in this occupation? Explain) |
| 7. | Related Occupations: (Describe two other occupations that are similar to this one that you could also pursue.) |
| 8. | Sources used: |

Job Shadow Experience Verification Form

If a school day is missed for this job shadow, make a copy of this form and turn it in as your excuse for absence.

New Brighton Area School District implements a Career Portfolio as the final exit activity. The Career Portfolio needs to be satisfactorily completed according to the standards set in order to graduate. Portions of the project are to be completed independently by students outside of school.

Students need to complete 4 hours of job shadowing a career and these hours must be completed in a single day.

To understand what your career is all about, the student should participate as much as possible in your job duties. Please review and select activities for the student to perform or observe within your place of work. It's important to have the student participate in your job in ways that will not inadvertently disrupt or damage your work. We hope they will have a first-hand experience of your work.

If the student has completed four (4) hours of job shadowing with you

please complete the following information for the purpose of verifying their

| experience. | |
|---|---|
| Student Name | |
| Name of Person Job Shadowed | |
| Date | |
| I agree that the above named student complestudent completed an interview with me and | eted four (4) hours of job shadowing. The above acted in a professional manner. |
| (Signature) | (email address) |

(Telephone)

(Place of Employment)

COLLEGE/TRADE SCHOOL/MILLITARY VISITS

It is the student's responsibility to get a verification form/letter from the person with whom you met on your visit.

This letter must:

- be on official letter-head paper from the institution that verifies your visit
- include the date of your visit
- include the name and signature of the person with whom you met and their title within the institution

If a letter is not available, please have the institution representative complete the Additional Visit Verification Form (page 13 of this packet). I will also accept a printout of an email sent directly to the student from the institution representative verifying a visit date.

This email must:

- be sent to the student from the professional email address of the institution representative
- include the date of your visit
- include the name of the person with whom you met on your visit and their title within that institution
- be printed out by the student and included in the paperwork to be turned in to a Career Portfolio Coordinator.

STUDENTS WHO ATTEND A COLLEGE VISIT SET UP BY THE COUNSELING DEPT:

 Please complete the Visit Verification Form and have it signed by your School Counselor

What will not be accepted as verification of a visit:

- brochures, booklets, flyers etc. from an institution
- hand-written letters

Visit Verification Form

If a school day is missed for this visit, make a copy of this form and turn it in as your excuse for absence.

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To understand what your institution offers, the student should participate in a tour of the campus (walking or virtual) and also receive information regarding admission, student/campus life and financial aid.

Please complete the following information for the purpose of verifying the student's visit at your institution.

| Student Name | |
|---|--|
| | |
| Name of Institution | |
| | |
| Name of Institution Representative | |
| | |
| Signature of Institution Representative _ | |
| | |
| Date of visit | |

Lions Take PRIDE In Learning

MENTOR VERIFICATION OF COMMUNITY SERVICE

Student Name _____

| the time s verificatio | been chosen to ve pent on the proje n of the student's e his/her voluntee | ct phase of efforts is n | the assignm | nent has been out | of the classroo | om, |
|---------------------------|--|-----------------------------|-----------------|-------------------|--|----------------------|
| 1. Pl€ | ease complete the | table to ve | erify your se | rvice hours. A me | ntor signature | is <u>required</u> . |
| | Location/Site | Date of service | Hours completed | Mentor Name | Signature | Email/Phone |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | TOTAL HOURS | <u> </u> | |

Mentor comments regarding student performance:

Thank you for allowing this student to complete his/her community service hours with you. We appreciate your help in introducing our students to community service. You are a valuable member of this process. Please feel free to contact a Career Portfolio Coordinator if you have any questions or concerns.

Career Portfolio Coordinator: 3202 43rd St, New Brighton, PA 15066 724-846-1050