New Brighton Elementary School May Lunch Menu 2017

Food Service Director: Jocelyn Haskins jhaskins@nbasd.org 724-843-1795 ext. 366 Dietitian for The Nutrition Group



you a safe and happy

summer! See you next year!

FRIDAY'S THIRD CHOICE

HAM AND CHEESE

DELI SANDWICH



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables **Offered Daily**

*Vegetables may include:

Broccoli Florets **Baby Carrots Dark Leafy Greens** Legume Salads Celery & Cucumber

*May choose two 1/2 cup servings

MENUS SUBJECT TO CHANGE

*Fruits may include: Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears **Applesauce**

*May choose one 1/2 cup serving



Milk Choices Offered Daily

Fat Free Chocolate, Vanilla, Strawberry And 1% White Milk

Lunch Prices: ALL STUDENTS RECEIVE ONE FREE **LUNCH PER DAY** Adult \$3.50 Milk \$.65

MONDAY'S THIRD CHOICE

TURKEY AND CHEESE

DELI SANDWICH

| Lynn Cessarini: Icessarini@thenutritiongroup.biz | | | | | |
|--|--|---|--|---|--|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| | MONDAY SECOND CHOICE Cheeseburger on a Bun | TUESDAY SECOND CHOICE Sloppy Joe Sandwich | WEDNESDAY SECOND CHOICE Chicken Patty Sandwich | THURSDAY SECOND CHOICE BBQ Pulled Pork Sandwich | <u>FRIDAY SECOND CHOICE</u> Fiestada Pizza |
| | 5/1 Grilled Chicken Sandwich Honey Glazed Carrots Mandarin Oranges Milk Choice National Principal Appreciation Day | 5/2 Ham & Au Gratin Potatoes Bread Slice Green Beans Peaches Milk Choice TEACHER APPRECIATION | 5/3 Beef & Cheese Soft Taco W/ Lettuce and Salsa Refried Beans Mixed Fruit Milk Choice WEEK! SAY THANK YOU FOR | 5/4 Meatball Hoagies W/ Cheese Romaine Side Salad Pears Milk Choice ALL THEY DO! | 5/5 Italian Hoagies W/ Lettuce and Tomato French Fries Juice Milk Choice National Hoagie Day |
| | 5/8 Popcorn Chicken Bowl Includes Corn & Mashed Potatoes Mandarin Oranges Milk Choice | 5/9 Chicken Ala King Over Biscuit Side Salad Peaches Milk Choice | 5/10 Beef and Cheese Nachos Spanish Rice Steamed Broccoli Mixed Fruit Milk Choice | 5/11 Macaroni and Cheese Dinner Roll Green Beans Pears Milk Choice | 5/12 Corn Dog Seasoned Corn Pineapple Tidbits Milk Choice |
| | 5/15 Orange Kissed Chicken Over Rice Steamed Broccoli Mandarin Oranges Milk Choice | 5/16 Homemade Cheese Pizza Honey Glazed Carrots Peaches Milk Choice National Pizza Party Day | 5/17 Walking Taco W/ Cheese, Lettuce & Salsa Dinner Roll Refried Beans Mixed Fruit Milk Choice | 5/18 French Toast Sticks Sausage Patty Hash Browns Juice Milk Choice | 5/19 NO SCHOOL SNOW MAKE UP DAY |
| | 5/22 PICNIC LUNCH Grilled Hot Dogs and Hamburgers Baked Beans Watermelon Milk Choice | 5/23 Pasta and Meat Sauce W/ Bread Stick Romaine Side Salad Peaches Milk Choice | 5/24 Mexican Macaroni and Cheese W/ Dinner Roll Steamed Corn W/ Black Beans Mixed Fruit Milk Choice | 5/25 Grilled Cheese Sandwich W/ Tomato Soup Steamed Broccoli Pears Milk Choice | 5/26 Max Cheese Sticks W/ Marinara Sauce Green Beans Pineapple Tidbits Milk Choice |
| | 5/29 NO SCHOOL | 5/30 COOKS CHOICE | 5/31 | 6/1 | 6/2 |
| | HAPPY MEMORIAL DAY | NO ALTERNATES | COOKS CHOICE | LAST DAY FOR STUDENTS | The cafeteria staff wishes |

NO ALTERNATES

WEDNESDAY'S THIRD CHOICE

PEANUT BUTTER & JELLY

SANDWICH W/ CHEESE

THURSDAY'S THIRD CHOICE

W/ CHEESE & SALSA

NACHO CHIP MUNCHABLE

Whole Grains

Available Daily

TUESDAY'S THIRD CHOICE

CHICKEN NUGGET

MUNCHABLE