# **New Brighton Elementary School** April Lunch Menu 2017

Food Service Director: Jocelyn Haskins jhaskins@nbasd.org 724-843-1795 ext. 366 **Dietitian for The Nutrition Group** Lynn Cessarini: Icessarini@thenutritiongroup.biz





### What Makes a Meal?

You must choose at least 3 of 5 component available for the school lunch price.

Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit\* Choice of Grain/Bread, and Choice of Milk

\*Students must choose at least one fruit vegetable



## Fresh Fruits and Vegetables **Offered Daily**

### \*Vegetables may include:

Broccoli Florets **Baby Carrots Dark Leafy Greens** Legume Salads Celery & Cucumber

\*May choose two 1/2 cup servings

**MENUS SUBJECT** TO CHANGE

\*Fruits may include: Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears **Applesauce** 

\*May choose one 1/ cup serving



## Milk Choices Offered Daily

Fat Free Chocolate, Vanilla, Strawberry And 1% White Milk

**Lunch Prices** ALL STUDENTS RE **CEIVE ONE FREE LUNCH PER DAY** Adult \$3.50 Milk \$ .65

**DELI SANDWICH** 

			Lynn Cessarini: icessarini@th	enutritiongroup.biz	Group
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MONDAY SECOND CHOICE Cheeseburger on a Bun	TUESDAY SECOND CHOICE Crunchy Corn Dog	WEDNESDAY SECOND CHOICE Chicken Patty Sandwich	THURSDAY SECOND CHOICE Pork Patty Sandwich	FRIDAY SECOND CHOICE Fiestada Pizza
nts	Proud distributor of the Fresh Fruit and Vegetable Grant		Whole Grains Available Daily		The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE
	4/3 Crispy Chicken Tenders Curly Fries Mandarin Oranges Milk Choice	4/4 Macaroni and Cheese Stewed Tomatoes Peaches Milk Choice COLORING CONTEST SEMI FINALIST ANNOUNCED	4/5 Beef and Cheese Nachos Steamed Broccoli Mixed Fruit Milk Choice COLORING CONTEST FINALIST ANNOUNCED	4/6 EASTER DINNER Carved Ham W/ Dinner Roll Scalloped Potatoes Green Beans Fruit Choice Milk Choice NO ALTERNATE CHOICE COLORING CONTEST WINNER	4/7 Crispy Fish Sandwich Steamed Corn Pineapple Tidbits Milk Choice
	4/10 Chili & Cheese Bowl Seasoned Corn Mandarin Oranges Milk Choice	4/11 Max Cheese Stix W/ Marinara Sauce Steamed Broccoli Peaches Milk Choice	4/12 SNOW MAKE UP DAY	4/13 HOLIDAY BREAK	4/14 HOLIDAY BREAK
1/2	4/17 HOLIDAY BREAK	4/18 French Bread Pizza Glazed Carrots Peaches Milk Choice	4/19 Pasta and Meat Sauce W/ Breadstick Romaine Salad Blend Mixed Fruit Milk Choice	4/20 BBQ Pulled Pork Sandwich Seasoned Fries Pears Milk Choice	4/21 Homemade Cheese Pizza Seasoned Corn Pineapple Tidbits Milk Choice
<u>s:</u> RE-	4/24 Chicken & Gravy Over Biscuit Mashed Potatoes Mandarin Oranges Milk Choice	4/25 Breakfast Sandwich Tator Tots Peaches Milk Choice	4/26 Beef Soft Taco W/ lettuce and Tomato Refried Beans Mixed fruit Milk Choice	4/27 Grilled Cheese W/ Tomato Soup Green Beans Pears Milk Choice	4/28 NATIONAL SUPERHERO DAY Superman's Cheese Pizza Batman's Corn Hulk Pineapple Spiderman Milk
	MONDAY'S THIRD CHOICE TURKEY AND CHEESE	TUESDAY'S THIRD CHOICE CHICKEN NUGGET	WEDNESDAY'S THIRD CHOICE PEANUT BUTTER & JELLY	THURSDAY'S THIRD CHOICE NACHO CHIP MUNCHABLE	FRIDAY'S THIRD CHOICE HAM AND CHEESE

SANDWICH W/ CHEESE

W/ CHEESE & SALSA

**DELI SANDWICH** 

MUNCHABLE