

# New Brighton Middle School April Breakfast Menu 2017

Food Service Director: Jocelyn Haskins; jhaskins@nbasd.org  
724-843-1795 ext. 366  
Dietitian for The Nutrition Group  
Lynn Cessarini: lcessatrini@thenutritiongroup.biz



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>MENUS SUBJECT TO CHANGE</i>	Whole Grains Available Daily 			
<b>4/3</b> Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/4</b> Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/5</b> Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/6</b> Breakfast Sandwich OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/7</b> Pancake on a Stick Served with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
<b>4/10</b> Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/11</b> Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/12</b> SNOW MAKE UP DAY	<b>4/13</b> HOLIDAY BREAK	<b>4/14</b> HOLIDAY BREAK
<b>4/17</b> HOLIDAY BREAK	<b>4/18</b> Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/19</b> Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/20</b> Breakfast Sandwich OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/21</b> Pancake on a Stick Served with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
<b>4/24</b> Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/25</b> Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/26</b> Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/27</b> Breakfast Sandwich OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	<b>4/28</b> Pancake on a Stick Served with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice

## What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

### Middle School Alternate Options May Include:

Gluten Free Rice Chex Cereal  
Gluten Free Cinnamon Chex Cereal  
Breakfast Sandwich  
Assorted Benefit Bars  
Cherry Frudel  
Apple Frudel  
Assorted Veggilicious Muffins  
Assorted WG Breakfast Breads and Pastries

Variety of Fresh Fruit, and 100% Fruit Juice available daily.



### Milk Choices Offered Daily May Include

Fat Free Chocolate, Fat Free Strawberry,  
Fat Free Vanilla, Low Fat White

Proud to manage your  
food service program



Meal Prices:  
Paid \$1.10  
Reduced \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE