New Brighton High School March Lunch Menu 2017

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Dietitian for The Nutrition Group
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The Grille

Monday
Spicy Chicken on WG Kaiser Bun
Tuesday
BBQ Rib on WG Hoagie Roll
Wednesday
Crispy Chicken on a WG Kaiser Bun
Thursday
Homemade Pepperoni Pinwheels
Friday
Fish Filet on WG Kaiser Bun

The Garden

Chef Salad
Breaded Chicken Salad

The Pizzeria

Monday
Homemade Stuffed Crust Pizza
Tuesday
Buffalo Chicken Pizza
Wednesday
Pepperoni Pizza
Thursday
Steak and Cheese Pizza
Friday
Sausage Pizza

Grab & Go

A wide variety of sandwiches, wraps, and specialty salads are available

Options

MENUS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grains Available Daily		3/1 Tuna Melt Tator Tots Mixed Fruit Milk Choice	3/2 Hot Ham and Cheese on a Pretzel Bun Green Beans Pears Milk Choice	3/3 Stuffed Crust Pizza Baked Beans Pineapple Tidbits Milk Choice
3/6 Crispy Chicken Strips Seasoned Potato Wedges Mandarin Oranges Milk Choice	3/7 Ham and Potato Au Gratin Steamed Carrots Peaches Milk Choice	3/8 Pizza Pasta Bake Bread Slice Romaine Salad Blend Mixed Fruit Milk Choice	3/9 Crunchy Corn Dog Baked Beans Pears Milk Choice	3/10 Max Cheese Sticks W/ Marinara Sauce Seasoned Corn Pineapple Tidbits Milk Choice
3/13 Fiestada Pizza Seasoned Corn Mandarin Oranges Milk Choice	3/14 Orange Chicken Over Rice Green Beans Peaches Milk Choice	3/15 Steak and Cheese Sandwich Baked Beans Mixed Fruit Milk Choice	3/16 Chicken Gyro Steamed Broccoli Pears Milk Choice	3/17 Happy St. Patrick's Day
3/20 French Bread Pizza Steamed Broccoli Mandarin Oranges Milk Choice	3/21 Popcorn Chicken Po' Boy Sandwich Steamed Carrots Peaches Milk Choice	3/22 Meatball Hoagie W/ Cheese Seasoned Corn Mixed Fruit Milk Choice	3/23 Walking Taco W/ RF Doritos Dinner Roll Refried Beans Pears Milk Choice	3/24 Grilled Cheese Sandwich Tomato Soup Green Beans Pineapple Tidbits Milk Choice
3/27 Popcorn Chicken Bowl Entrée Includes Mashed Potatoes Mandarin Oranges Milk Choice	3/28 Macaroni and Cheese Steamed Broccoli Peaches Milk Choice	3/29 Hot Turkey W/ Gravy Open Faced Sandwich Seasoned Corn Mixed Fruit Milk Choice	3/30 Sloppy Joe Casserole Green Beans Pears Milk Choice	3/31 Tuna Noodle Casserole Steamed Peas Pineapple Tidbits Milk Choice

The Deli

Italian /Honey Wheat Wrap
Ham & Cheese /Tomato Basil Wrap
Turkey and Cheese /Spinach Wrap
Chicken Bacon Ranch /Jalapeno Wrap

Each Deli Entrée is served with a choice of vegetable, fruit and milk

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar May includes:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Fruits may include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

Milk

Milk Choices Offered Daily:
Skim
1% White Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
Fat Free Vanilla Milk

Proud to manage your food service program

Lunch Prices: Paid $2.50
Reduced $.40
Adult Lunch $3.50
Milk $ .65