# **New Brighton Elementary School** May Lunch Menu 2017

Food Service Director: Jocelyn Haskins jhaskins@nbasd.org 724-843-1795 ext. 366 Dietitian for The Nutrition Group



you a safe and happy

summer! See you next year!

FRIDAY'S THIRD CHOICE

HAM AND CHEESE

**DELI SANDWICH** 



#### What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit\* Choice of Grain/Bread, and Choice of Milk

\*Students must choose at least one fruit or vegetable



## Fresh Fruits and Vegetables **Offered Daily**

#### \*Vegetables may include:

Broccoli Florets **Baby Carrots Dark Leafy Greens** Legume Salads Celery & Cucumber

\*May choose two 1/2 cup servings

**MENUS SUBJECT TO CHANGE** 

\*Fruits may include: Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears **Applesauce** 

\*May choose one 1/2 cup serving



## Milk Choices Offered Daily

Fat Free Chocolate, Vanilla, Strawberry And 1% White Milk

**Lunch Prices:** ALL STUDENTS RECEIVE ONE FREE **LUNCH PER DAY** Adult \$3.50 Milk \$ .65

MONDAY'S THIRD CHOICE

TURKEY AND CHEESE

**DELI SANDWICH** 

Lynn Cessarini: Icessarini@thenutritiongroup.biz					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MONDAY SECOND CHOICE Cheeseburger on a Bun	TUESDAY SECOND CHOICE Sloppy Joe Sandwich	WEDNESDAY SECOND CHOICE Chicken Patty Sandwich	THURSDAY SECOND CHOICE BBQ Pulled Pork Sandwich	<u>FRIDAY SECOND CHOICE</u> Fiestada Pizza
	5/1 Grilled Chicken Sandwich Honey Glazed Carrots Mandarin Oranges Milk Choice National Principal Appreciation Day	5/2 Ham & Au Gratin Potatoes Bread Slice Green Beans Peaches Milk Choice TEACHER APPRECIATION	5/3 Beef & Cheese Soft Taco W/ Lettuce and Salsa Refried Beans Mixed Fruit Milk Choice WEEK! SAY THANK YOU FOR	5/4 Meatball Hoagies W/ Cheese Romaine Side Salad Pears Milk Choice ALL THEY DO!	5/5 Italian Hoagies W/ Lettuce and Tomato French Fries Juice Milk Choice National Hoagie Day
	5/8 Popcorn Chicken Bowl Includes Corn & Mashed Potatoes Mandarin Oranges Milk Choice	5/9 Chicken Ala King Over Biscuit Side Salad Peaches Milk Choice	5/10 Beef and Cheese Nachos Spanish Rice Steamed Broccoli Mixed Fruit Milk Choice	5/11 Macaroni and Cheese Dinner Roll Green Beans Pears Milk Choice	5/12 Corn Dog Seasoned Corn Pineapple Tidbits Milk Choice
	5/15 Orange Kissed Chicken Over Rice Steamed Broccoli Mandarin Oranges Milk Choice	5/16 Homemade Cheese Pizza Honey Glazed Carrots Peaches Milk Choice  National Pizza Party Day	5/17 Walking Taco W/ Cheese, Lettuce & Salsa Dinner Roll Refried Beans Mixed Fruit Milk Choice	5/18 French Toast Sticks Sausage Patty Hash Browns Juice Milk Choice	5/19 NO SCHOOL SNOW MAKE UP DAY
	5/22 PICNIC LUNCH Grilled Hot Dogs and Hamburgers Baked Beans Watermelon Milk Choice	5/23 Pasta and Meat Sauce W/ Bread Stick Romaine Side Salad Peaches Milk Choice	5/24 Mexican Macaroni and Cheese W/ Dinner Roll Steamed Corn W/ Black Beans Mixed Fruit Milk Choice	5/25 Grilled Cheese Sandwich W/ Tomato Soup Steamed Broccoli Pears Milk Choice	5/26 Max Cheese Sticks W/ Marinara Sauce Green Beans Pineapple Tidbits Milk Choice
	5/29 NO SCHOOL	5/30 COOKS CHOICE	5/31	6/1	6/2
	HAPPY MEMORIAL DAY	NO ALTERNATES	COOKS CHOICE	LAST DAY FOR STUDENTS	The cafeteria staff wishes

NO ALTERNATES

WEDNESDAY'S THIRD CHOICE

PEANUT BUTTER & JELLY

SANDWICH W/ CHEESE

THURSDAY'S THIRD CHOICE

W/ CHEESE & SALSA

NACHO CHIP MUNCHABLE

**Whole Grains** 

Available Daily

**TUESDAY'S THIRD CHOICE** 

CHICKEN NUGGET

MUNCHABLE