New Brighton High School May Breakfast Menu 2017

Food Service Director: Jocelyn Haskins; jhaskins@nbasd.org 724-843-1795 ext. 366 Dietitian for The Nutrition Group

Dietitian for The Nutrition Group
Lynn Cessarini: Icessatrini@thenutritiongroup.biz



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5/1	5/2	5/3	5/4	5/5
Cinnamon Roll Chilled Juice or Fruit Milk Choice	Breakfast Pizza Chilled Juice or Fruit Milk Choice	Dutch Waffle Chilled Juice or Fruit Milk Choice	Breakfast Taco W/ Egg, Cheese, Potato & Sausage Chilled Juice or Fruit Milk Choice	Pancake on a Stick Chilled Juice or Fruit Milk Choice
5/8	5/9	5/10	5/11	5/12
Cinnamon Roll Chilled Juice or Fruit Milk Choice	Breakfast Pizza Chilled Juice or Fruit Milk Choice	Dutch Waffle Chilled Juice or Fruit Milk Choice	Breakfast Taco W/ Egg, Cheese, Potato & Sausage Chilled Juice or Fruit Milk Choice	Pancake on a Stick Chilled Juice or Fruit Milk Choice
5/15	5/16	5/17	5/18	5/19
Cinnamon Roll Chilled Juice or Fruit Milk Choice	Breakfast Pizza Chilled Juice or Fruit Milk Choice	Dutch Waffle Chilled Juice or Fruit Milk Choice	Breakfast Taco W/ Egg, Cheese, Potato & Sausage Chilled Juice or Fruit Milk Choice	NO SCHOOL
5/22	5/23	5/24	5/25	5/26
Cinnamon Roll Chilled Juice or Fruit Milk Choice	Breakfast Pizza Chilled Juice or Fruit Milk Choice	Dutch Waffle Chilled Juice or Fruit Milk Choice	Breakfast Taco W/ Egg, Cheese, Potato & Sausage Chilled Juice or Fruit Milk Choice	Pancake on a Stick Chilled Juice or Fruit Milk Choice
5/29	5/30	5/31	6/1	6/2
NO SCHOOL	COOKS CHOICE	COOKS CHOICE	COOKS CHOICE	NO SCHOOL
	Whole Grains Available Daily			

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Gluten Free Rice Chex Cereal

Middle School Alternate Options May Include:

Gluten Free Cinnamon Chex Cereal
Benefit Bars
Cherry Frudel
Apple Frudel
Assorted Veggilicious Muffins
Assorted WG Breakfast Breads and Pastries
Yogurt with Whole Grain Crackers

Variety of Fresh Fruit, and 100% Fruit Juice available daily.



Milk Choices Offered Daily May Include

Fat Free Chocolate, Fat Free Strawberry, Fat Free Vanilla, Low Fat White

Proud to manage your food service program



Meal Prices: Paid \$1.10 Reduced \$.30

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MENUS SUBJECT TO CHANGE