# New Brighton Elementary School March Lunch Menu 2017

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### **What Makes a Meal?**

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit\* Choice of Grain/Bread, and Choice of Milk

\*Students must choose at least one fruit or vegetable



## Fresh Fruits and Vegetables Offered Daily

#### \*Vegetables may include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

\*May choose two 1/2 cup servings

MENUS SUBJECT TO CHANGE \*Fruits may include:
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears

\*May choose one 1/2 cup serving

Applesauce



### **Milk Choices Offered Daily**

Fat Free Chocolate, Vanilla, Strawberry, Skim And 1% White Milk

Lunch Prices:
ALL STUDENTS RECEIVE ONE FREE
LUNCH PER DAY
Adult \$3.50
Milk \$ .65

|                  |  |   | Lynn Cessarini: icessarini@th  | enutritiongroup.biz   | Group  |
|------------------|--|---|--|---|--|
|                  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
| nts              | MONDAY SECOND CHOICE Cheeseburger on a Bun  Proud distributor of the Fresh Fruit and Vegetable Grant | TUESDAY SECOND CHOICE BBQ Rib Sandwich  | WEDNESDAY SECOND CHOICE Chicken Patty Sandwich                                     | THURSDAY SECOND CHOICE  Hot Dog on a Bun  | FRIDAY SECOND CHOICE Fish Sandwich   |
| it or            | Whole Grains<br>Available Daily  | The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE | 3/1<br>Tuna Melt<br>Tator Tots<br>Mixed Fruit<br>Milk Choice                       | 3/2 Dr. Seuss' Birthday Hot Ham and Cheese on a Pretzel Bun Green Beans Milk Choice READ ACROSS AMERICA | 3/3 Stuffed Crust Pizza Baked Beans Pineapple Tidbits Milk Choice                  |
|                  | 3/6 Crispy Chicken Strips Seasoned Potato Wedges Mandarin Oranges Milk Choice                        | 3/7 Ham and Potato Au Gratin Steamed Carrots Peaches Milk Choice  | 3/8 Pizza Pasta Bake Bread Slice Romaine Salad Blend Mixed Fruit Milk Choice       | 3/9<br>Crunchy Corn Dog<br>Baked Beans<br>Pears<br>Milk Choice  | 3/10 Italian Dunkers W/ Marinara Sauce Steamed Corn Pineapple Tidbits Milk Choice  |
| ;                | 3/13<br>Fiestada Pizza<br>Seasoned Corn<br>Mandarin Oranges<br>Milk Choice                           | 3/14<br>Orange Chicken Over Rice<br>Green Beans<br>Peaches<br>Milk Choice   | 3/15<br>Steak and Cheese Sandwich<br>Baked Beans<br>Mixed Fruit<br>Milk Choice     | 3/16<br>Chicken Gyro<br>Steamed Broccoli<br>Pears<br>Milk Choice  | 3/17 Happy St. Patrick's Day   |
| 1/2              | 3/20 French Bread Pizza Steamed Broccoli Pineapple Tidbits Milk Choice                               | 3/21 Crunchy Corn Dog Nuggets Steamed Carrots Peaches Milk Choice   | 3/22 Meatball Hoagie W/ Cheese Seasoned Corn Mixed Fruit Milk Choice               | 3/23 Walking Taco W/ RF Doritos Dinner Roll Refried Beans Pears Milk Choice                             | 3/24 Grilled Cheese Sandwich Tomato Soup Green Beans Pineapple Tidbits Milk Choice |
| <u>s:</u><br>RE- | 3/27 Popcorn Chicken Bowl Entrée Includes Mashed Potatoes Mandarin Oranges Milk Choice               | 3/28<br>Macaroni and Cheese<br>Steamed Broccoli<br>Peaches<br>Milk Choice   | 3/29 Hot Turkey W/ Gravy Open Faced Sandwich Seasoned Corn Mixed fruit Milk Choice | 3/30<br>Sloppy Joe Casserole<br>Green Beans<br>Pears<br>Milk Choice                                     | 3/31 Tuna Noodle Casserole Steamed Peas Pineapple Tidbits Milk Choice              |
|                  | MONDAY'S THIRD CHOICE Turkey and Cheese Deli Sandwich  | TUESDAY'S THIRD CHOICE<br>Chicken Nugget Munchable  | WEDNESDAY'S THIRD CHOICE<br>Peanut Butter and Jelly Sandwich                       | THURSDAY'S THIRD CHOICE<br>Nacho Munchable  | FRIDAY'S THIRD CHOICE<br>Ham and Cheese Deli Sandwich                              |