New Brighton Elementary School March Breakfast Menu 2017



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Dietitian for The Nutrition Group

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WE ARE PROUD PARTICIPANTS OF THE FRESH FRUIT AND VEGETABLE GRANT	Whole Grains Available Daily	3/1 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/2 DR. SEUSS' BIRTHDAY GREEN EGGS & HAM Chilled Juice or Fruit Milk Choice READ ACROSS AMERICA	3/3 Pancake on a Stick with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
3/6	MENUS SUBJECT TO CHANGE 3/7	3/8	3/9	3/10
Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	Sausage and Cheese Sandwich OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	Pancake on a Stick with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
COME OUT AND C	ELEBRATE NATIONAL SCHOO	L BREAKFAST WEEK WITH CA	FETERIA GIVEWAYS AND A PC	WER UP VISIT!
3/13 Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/14 Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/15 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/16 Sausage and Cheese Sandwich OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/17 HAPPY ST. PATRICK'S DAY
3/20 Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/21 Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/22 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/23 Sausage and Cheese Sandwich OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/24 Pancake on a Stick with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice
3/27 Cinnamon Roll OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/28 Breakfast Pizza OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/29 Dutch Waffle OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/30 Sausage and Cheese Sandwich OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice	3/31 Pancake on a Stick with Syrup OR Whole Grain Cereal Chilled Juice or Fruit Milk Choice

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Elementary Alternate Options May Include:

Gluten Free Rice Chex Cereal Gluten Free Cinnamon Chex Cereal

Benefit Bars Cherry Frudel

Apple Frudel

Assorted Veggilicious Muffins

Assorted WG Breakfast Breads and Pastries

Variety of Fresh Fruit and 100% Fruit Juice available daily.



Milk Choices Offered Daily May Include

Fat Free Chocolate. Fat Free Strawberry, Fat Free Vanilla and Low Fat White

Proud to manage your food service program Nutrition



Meal Prices: ALL STUDENTS RECEIVE ONE FREE BREAKFAST PER DAY

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