

New Brighton Gluten Free/Vegetarian Menu March 2017

| BREAKFAST MENU: | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | <u>FRIDAY</u> |
|---|--|---|---|--|--|
| GF Rice Chex GF Cinnamon Chex Or Yogurt | If Vegetarian or Glute for lunch the cafeteria make arrangements fo | must be contacted to | 3/1 Grill Chicken Patty /GF Bun Steamed Broccoli Fruit Choice Milk Choice VC: Grill Cheese Sandwich | 3/2 Hot Ham & Cheese on GF Bun Steamed Peas Fruit Choice Milk Choice VC: Salad | 3/3 GF Cheese Pizza Green Beans Fruit Choice Milk Choice VC: Stuffed Crust Pizza |
| ALTERNATE DAILY LUNCH CHOICE: GF Peanut & Jelly Sandwich Daily Fruit Choices Fresh Fruit, Chilled Fruit, & 100% Fruit Juice Daily Milk Choices | 3/6 Hamburger Patty /GF Bun Corn Fruit Choice Milk Choice VC: Mozzarella Stick | 3/7 GF Pasta w/ Meat sauce Fresh Veggie Choice Fruit Choice Milk Choice VC: Salad | 3/8 Grill Chicken Patty /GF Bun Steamed Broccoli Fruit Choice Milk Choice VC: Grill Cheese Sandwich | 3/9 Hot Ham & Cheese on GF Bun Steamed Peas Fruit Choice Milk Choice VC: Salad | 3/10 GF Cheese Pizza Green Beans Fruit Choice Milk Choice VC: Stuffed Crust Pizza |
| 1% White , Fat Free Flavored Chocolate <u>1/2 C. FRESH VEGGIE</u> <u>CHOICE DAILY</u> CARROT, BROCCOLI, CELERY & SIDE SALAD | 3/13 Hamburger Patty /GF Bun Corn Fruit Choice Milk Choice VC: Mozzarella Stick | 3/14 GF Pasta w/ Meat sauce Fresh Veggie Choice Fruit Choice Milk Choice VC: Salad | 3/15 Grill Chicken Patty /GF Bun Steamed Broccoli Fruit Choice Milk Choice VC: Grill Cheese Sandwich | 3/16 Oven Roasted Ham or Turkey Green Beans Fruit Choice Milk Choice VC: Salad | 3/17 HAPPY ST. PATRICK'S DAY |
| The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE | 3/20 Hamburger Patty /GF Bun Corn Fruit Choice Milk Choice VC: Mozzarella Stick | 3/21 GF Pasta w/ Meat sauce Fresh Veggie Choice Fruit Choice Milk Choice VC: Salad | 3/22 Grill Chicken Patty /GF Bun Steamed Broccoli Fruit Choice Milk Choice VC: Grill Cheese Sandwich | 3/23 Hot Ham & Cheese on GF Bun Steamed Peas Fruit Choice Milk Choice VC: Salad | 3/24 GF Cheese Pizza Green Beans Fruit Choice Milk Choice VC: Stuffed Crust Pizza |
| Lunch Prices: Full Price: \$2.50 Reduced Price: \$.40 Milk: \$.65 | 3/27 Hamburger Patty /GF Bun Corn Fruit Choice Milk Choice VC: Mozzarella Stick | 3/28 GF Pasta w/ Meat sauce Fresh Veggie Choice Fruit Choice Milk Choice VC: Salad | 3/29 Grill Chicken Patty /GF Bun Steamed Broccoli Fruit Choice Milk Choice VC: Grill Cheese Sandwich | 3/30 Hot Ham & Cheese on GF Bun Steamed Peas Fruit Choice Milk Choice VC: Salad | 3/31 GF Cheese Pizza Green Beans Fruit Choice Milk Choice VC: Stuffed Crust Pizza |
| Menu Subject To Change | | | | | |