

New Brighton Middle School March Lunch Menu 2017



Food Service Director: Jocelyn Haskins jhaskins@nbasd.org
724-843-1795 ext. 366
Dietitian for The Nutrition Group
Lynn Cessarini: lcessarini@thenutritiongroup.biz

The Grille

- Monday**—Spicy Chicken Sandwich
- Tuesday**—BBQ Rib Sandwich
- Wednesday**—Chicken Breast Sandwich
- Thursday**—Hot Dog on Bun
- Friday**—Fish Sandwich

The Garden

- Grilled Chicken Salad
- Garden Salad
- Spicy Chicken Salad
- Breaded Chicken Salad

The Pizzeria

- Mon- Stuffed Crust Pizza
- Tue- Steak and Cheese Pizza
- Wed- Pepperoni Pizza
- Thurs- Pepperoni Pizza
- Fri- French Bread Pizza

Milk

- Milk Choices Offered Daily:
- Skim
 - 1% White Milk
 - Fat Free Chocolate Milk
 - Fat Free Strawberry Milk
 - Fat Free Vanilla Milk

MENUS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
				
		3/1 Tuna Melt Tator Tots Mixed Fruit Milk Choice	3/2 Hot ham and Cheese on a Pretzel Bun Green Beans Pears Milk Choice	3/3 Stuffed Crust Pizza Baked Beans Pineapple Tidbits Milk Choice
3/6 Crispy Chicken Strips Seasoned Potato Wedges Mandarin Oranges Milk Choice	3/7 Ham and Potato Au Gratin Steamed Carrots Peaches Milk Choice	3/8 Pizza Pasta Bake Bread Slice Romaine Salad Blend Mixed Fruit Milk Choice	3/9 Crunchy Corn Dog Baked Beans Pears Milk Choice	3/10 Max Cheese Sticks W/ Marinara Sauce Seasoned Corn Pineapple Tidbits Milk Choice
3/13 Fiestada Pizza Seasoned Corn Mandarin Oranges Milk Choice	3/14 Orange Chicken Over Rice Green Beans Peaches Milk Choice	3/15 Steak and Cheese Sandwich Baked Beans Mixed Fruit Milk Choice	3/16 Chicken Gyro Steamed Broccoli Pears Milk Choice	3/17 Happy St. Patrick's Day 
3/20 French Bread Pizza Steamed Broccoli Mandarin Oranges Milk Choice	3/21 Crunchy Corn Dog Nuggets Steamed Carrots Peaches Milk Choice	3/22 Meatball Hoagie W/ Cheese Seasoned Corn Mixed Fruit Milk Choice	3/23 Walking Taco W/ RF Doritos Dinner Roll Refried Beans Pears Milk Choice	3/24 Grilled Cheese Sandwich Tomato Soup Green Beans Pineapple Tidbits Milk Choice
3/27 Popcorn Chicken Bowl Entree Includes Mashed Potatoes Mandarin Oranges Milk Choice	3/28 Macaroni and Cheese Steamed Broccoli Peaches Milk Choice	3/29 Hot Turkey W/ Gravy Open Faced Sandwich Seasoned Corn Mixed Fruit Milk Choice	3/30 Sloppy Joe Casserole Green Beans Pears Milk Choice	3/31 Tuna Noodle Casserole Steamed Peas Pineapple Tidbits Milk choice

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar, Available Daily
May include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

Proud to manage your food service program

Lunch Prices: Paid \$2.50
Reduced \$.40
Adult Lunch \$3.50
Milk \$.65

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