

New Brighton Middle School February Lunch Menu 2017



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Dietitian for The Nutrition Group
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The Grille

Monday—Cheeseburger on a Bun

Tuesday—BBQ Rib Sandwich

Wednesday—Chicken Breast Sandwich

Thursday—Hot Dog on Bun

Friday—Spicy Chicken Breast Sandwich

The Garden

Grilled Chicken Salad
Garden Salad
Spicy Chicken Salad
Breaded Chicken Salad

The Pizzeria

Mon- Stuffed Crust Pizza
Tue- Chicken bacon Ranch Pizza
Wed- Fiestada Pizza
Thurs- Pepperoni Pizza
Fri- Cheese Pizza

Milk

Milk Choices Offered Daily:
Skim
1% White Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
Fat Free Vanilla Milk

MENUS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Whole Grains Available Daily</p>				
		<p>2/1 Salisbury Steak W/ Gravy Mashed Potatoes Mixed Fruit Milk Choice</p>	<p>2/2 GROUNDHOG DAY BBQ Pulled Pork Sandwich Sweet Potato Casserole Diced Pears Milk Choice</p>	<p>2/3 Fiestada Pizza Steamed Broccoli Pineapple Tidbits Milk Choice</p>
<p>2/6 Crispy Chicken Strips Seasoned Potato Wedges Mandarin Oranges Milk Choice</p>	<p>2/7 Ham and Potato Au Gratin Steamed Carrots Diced Peaches Milk Choice</p>	<p>2/8 Pizza Pasta Bake Bread Slice Romaine Salad Blend Mixed Fruit Milk Choice</p>	<p>2/9 Crunchy Corn Dog Baked Beans Diced Pears Milk Choice</p>	<p>2/10 Max Cheese Sticks W/ Marinara Sauce Seasoned Corn Pineapple Tidbits Milk Choice</p>
<p>2/13 NO SCHOOL</p>	<p>2/14 VALENTINE'S DAY Pasta W/ Meat Sauce Soft Pretzel Green Beans Diced peaches Milk Choice & Cookie</p>	<p>2/15 Beef Gyro Baked Beans Mixed Fruit Milk Choice</p>	<p>2/16 Creamy Chicken Alfredo Steamed Broccoli Diced Pears Milk Choice</p>	<p>2/17 French Bread Pizza Steamed Carrots Pineapple Tidbits Milk Choice</p>
<p>2/20 PRESIDENT'S</p> 	<p>2/21 Italian Sausage Sandwich Steamed Carrots Diced Peaches Milk Choice</p>	<p>2/22 Meatball Hoagie W/ Cheese Seasoned Corn Mixed Fruit Milk Choice</p>	<p>2/23 Walking Taco W/ RF Doritos Dinner Roll Refried Beans Diced Pears Milk Choice</p>	<p>2/24 Grilled Cheese Sandwich Tomato Soup Green Beans Pineapple Tidbits Milk Choice</p>
<p>2/27 Popcorn Chicken Bowl Entree Includes Mashed Potatoes Mandarin Oranges Milk Choice</p>	<p>2/28 Macaroni and Cheese Steamed Broccoli Diced Peaches Milk Choice</p>			

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar, Available Daily
May include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

Proud to manage your food service program

Lunch Prices: Paid \$2.50
Reduced \$.40
Adult Lunch \$3.50
Milk \$.65

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